JOY IN THE JOURNEY WEEK 5 JOY HAPPENS IN THE GREAT EXCHANGE 7-6-25

Phil 4:4-7

JOY IN THE GREAT EXCHANGE, HAPPENS WHEN WE:

1. REJOICE, ALWAYS

Phil 4:4

2 Thess 1:4

2. CULTIVATE SPIRITUAL FRUIT

Phil 4:5

3. RESIST ANXIETY

Phil 4:6

4. PRAY AS THE FIRST STEP, NOT THE LAST RESORT

Phil 4:6

5. CHOOSE PEACE

Phil 4:7